

Egg Rolls

Filling:

1 tsp salt,

1 tsp sugar,

1 tsp MSG,

2 tsp soya sauce,

½ pound bean sprouts,

1 large onion shredded,

½ c celery cut very fine,

½ tsp pepper,

Sprinkle of ginger powder,

5 tsp sesame seed,

2 cloves garlic minced,

½ c fresh or canned mushrooms cut fine,

½ c bamboo shoots shredded,

¼ c water chestnuts,

½ c cooked meat (chicken or beef).

Fry all ingredients together until cooked. Drain the juices out and let cool off before wrapping. Use shrimp batter for deep frying.