

Fried Beef and Greens

2 ½ pounds Bok Choy sliced 1" long,
½ pound beef sliced thin,
½ ounce raw ginger sliced fine,
1 tblsp corn starch,
1 tsp soya sauce,
1 tsp salt, and
a bit of pepper.

Fry beef ½ done, then remove. Fry the greens with the ginger at high heat and pour in ½ c water until the veggie is cooked but crisp. Pour the meat back in and add 1 tblsp of corn starch in a little water to thicken.