

# Sweet and Sour Sauce for chicken, ribs, or chops

½ c water,

½ c brown sugar,

¼ c vinegar,

¼ c ketchup,

1 tblsp soya sauce.

Thicken with corn starch.

For chicken I used:

1 ½ c water,

1 c honey,

½ c brown sugar,

½ c vinegar,

¾ c ketchup,

2 ½ blsp soya sauce, and

corn starch.