

Sunshine Muffins

Linda Robinson

Put in blender and mix until smooth:

1 egg

1/2 cup orange juice

1/4 cup vegetable oil

1 whole orange including peel cut into small pieces

Mix together:

1 1/2 cup flour

3/4 cup sugar

1 tsp each of salt, baking soda, and baking powder

Add the blended liquid to the flour mixture gently with a spoon until combined.

Bake at 375 for 12-20 minutes until a toothpick comes out clean.