

Salmon

Carla often cooks her salmon semi frozen.

1 c bread crumbs,
1 tblsp chopped green pepper,
1 clove minced garlic,
1 c mashed spuds,
½ c chopped celery,
Salt and pepper and onion to taste.

Clean and prepare fish. Stuff with above stuffing. Place in oiled pan to bake. Brush top with oil – sprinkle with flour, salt and pepper and bake ½ hour at 350. Turn fish and repeat oil/flouring baking approximately 15 min. Sprinkle with lemon and parsley and serve with salad.