

# Chicken Parmesan

Alexandra Garford

6-8 boneless, skinless chicken breast halves

½ c butter or marg,

2 tsp Dijon mustard,

1 tsp worcestershire.

½ tsp salt,

1 c dry bread crumbs,

½ c grated parmesan cheese,

In shallow bowl combine melted butter, mustard, worcestershire sauce and salt.

In another bowl combine bread crumbs and parmesan cheese.

Dip chicken in butter mixture, then coat in crumb mixture.

Place in 9 x 13 baking pan.

Drizzle with remaining butter mixture.

You can now freeze or bake at 350 for 40 – 45 minutes and don't cover.