

# Harvard Beets

Boil 3 or 4 beets. Peel and dice.

Use:  $\frac{2}{3}$  cup of the hot beet liquid,  
 $\frac{1}{3}$  c sugar,  
 $\frac{1}{2}$  tsp salt,  
 $\frac{1}{3}$  c vinegar, and  
bring to a boil.

Then mix 2 tblsp flour with a bit of liquid and thicken sauce.

Add 1 tblsp butter and pour over the beets.