

Beef Barley Soup

6 c water,
6 (6 gram size) beef bouillon cubes,
28 ounce canned tomatoes mashed,
10 ounce can tomato soup,
2 c shredded carrots,
2 c shredded potatoes,
1 ½ c chopped onion,
1 c chopped celery,
½ c pearl or pot barley,
another 6 c water,
1 tblsp parsley flakes,
1 tsp sugar, 1 tsp salt, and ¼ tsp pepper,
3 cups cooked, chopped roast beef.

Heat first 6 cups of water and bouillon cubes in a large pot. Stir to dissolve. Add remaining ingredients except beef. Bring to a boil. Cover and simmer slowly for about 1 ½ hours. Add beef and simmer ½ hour more.

Hamburger soup: omit chopped roast beef.

Scramble fry 2 pounds (1kg) lean ground beef.

Add to soup ½ way through cooking. Part roast and part hamburger may also be used.

